








# Analisi sito web commonground.org.nz

Generato il Settembre 20 2024 00:46 AM

**Il punteggio e 64/100**







## SEO Content

	<p>Title</p>	<p>Common Ground   Mental Health Foundation</p> <p><b>Lunghezza : 40</b></p> <p>Perfetto, il tuo title contiene tra 10 e 70 caratteri.</p>												
	<p>Description</p>	<p>Common Ground was a project that aimed to help parents, families, whānau and friends to support young people to manage hard times and enjoy happier lives.</p> <p><b>Lunghezza : 154</b></p> <p>Grande, la tua meta description contiene tra 70 e 160 caratteri.</p>												
	<p>Keywords</p>	<p>Molto male. Non abbiamo trovato meta keywords nella tua pagina. Usa <a href="#">questo generatore gratuito online di meta tags</a> per creare keywords.</p>												
	<p>Og Meta Properties</p>	<p>Buono, questa pagina sfrutta i vantaggi Og Properties.</p> <table border="1" data-bbox="539 1312 1481 1877"> <thead> <tr> <th>Proprieta</th> <th>Contenuto</th> </tr> </thead> <tbody> <tr> <td>title</td> <td>Common Ground</td> </tr> <tr> <td>url</td> <td>https://mentalhealth.org.nz/common-ground</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>description</td> <td>Common Ground was a project that aimed to help parents, families, whānau and friends to support young people to manage hard times and enjoy happier lives.</td> </tr> <tr> <td>image</td> <td>https://mentalhealth.org.nz/assets/images/share/mhf.jpg</td> </tr> </tbody> </table>	Proprieta	Contenuto	title	Common Ground	url	https://mentalhealth.org.nz/common-ground	type	website	description	Common Ground was a project that aimed to help parents, families, whānau and friends to support young people to manage hard times and enjoy happier lives.	image	https://mentalhealth.org.nz/assets/images/share/mhf.jpg
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	<p>Headings</p>	<table border="1" data-bbox="539 1906 1481 1977"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>0</td> <td>0</td> <td>75</td> <td>4</td> <td>2</td> </tr> </tbody> </table> <ul data-bbox="614 2011 938 2074" style="list-style-type: none"> <li>• [H1] Common Ground</li> <li>• [H4] I Need Help Now</li> </ul>	H1	H2	H3	H4	H5	H6	1	0	0	75	4	2
H1	H2	H3	H4	H5	H6									
1	0	0	75	4	2									


# SEO Content

- [H4] Helplines & Support
- [H4] Support for Myself
- [H4] Supporting Others
- [H4] Support After a Suicide
- [H4] Community Support Groups
- [H4] Accessing Mental Health Services
- [H4] Mental Health Conditions
- [H4] Frequently Asked Questions
- [H4] About Us
- [H4] Vacancies
- [H4] Contact
- [H4] Our Work
- [H4] Grants
- [H4] Policy & advocacy
- [H4] Stories
- [H4] Our Campaigns
- [H4] Resources
- [H4] Research & Information
- [H4] Library Info Hub
- [H4] In My Kete
- [H4] What Is Wellbeing?
- [H4] Five Ways to Wellbeing
- [H4] Wellbeing Campaigns & Resources
- [H4] Te Whare Tapa Whā
- [H4] Te Oranga Hinengaro
- [H4] Te Whakaora i te Hauora Hinengaro
- [H4] Media Enquiries
- [H4] Publications & Research
- [H4] Media guidelines
- [H4] Fundraise for Us
- [H4] Our Appeals
- [H4] Our Events
- [H4] Move for mental health
- [H4] Get Your Workplace Involved
- [H4] Fundraising heroes
- [H4] A gift in your will
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- [H4] Our Campaigns
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- [H4] Research & Information
- [H4] Library Info Hub




## SEO Content

		<ul style="list-style-type: none"><li>• [H4] In My Kete</li><li>• [H4] What Is Wellbeing?</li><li>• [H4] Five Ways to Wellbeing</li><li>• [H4] Wellbeing Campaigns &amp; Resources</li><li>• [H4] Te Whare Tapa Whā</li><li>• [H4] Te Oranga Hinengaro</li><li>• [H4] Te Whakaora i te Hauora Hinengaro</li><li>• [H4] Media Enquiries</li><li>• [H4] Publications &amp; Research</li><li>• [H4] Media guidelines</li><li>• [H4] Fundraise for Us</li><li>• [H4] Our Appeals</li><li>• [H4] Our Events</li><li>• [H4] Move for mental health</li><li>• [H4] Get Your Workplace Involved</li><li>• [H4] Fundraising heroes</li><li>• [H4] A gift in your will</li><li>• [H4] Supporting Others</li><li>• [H5] Share:</li><li>• [H5] Useful links</li><li>• [H5] Help ensure everyone in Aotearoa has the tools to enjoy positive mental health and wellbeing.</li><li>• [H5] Help ensure everyone in Aotearoa has the tools to enjoy positive mental health and wellbeing.</li><li>• [H6] There is no health without mental health.</li><li>• [H6] There is no health without mental health.</li></ul>
	Images	<p>Abbiamo trovato 27 immagini in questa pagina web.</p> <p>8 attributi alt sono vuoti o mancanti. Aggiungi testo alternativo in modo tale che i motori di ricerca possano comprendere meglio il contenuto delle tue immagini.</p>
	Text/HTML Ratio	<p>Ratio : <b>18%</b></p> <p>Buono, il rapporto testo/codice HTML di questa pagina e maggiore di 15, e minore di 25 percento.</p>
	Flash	<p>Perfetto, non e stato rilevato contenuto Flash in questa pagina.</p>
	Iframe	<p>Molto male, hai usato Iframes nelle tue pagine web, questo significa che in contenuto inserito negli Iframe non puo essere indicizzato.</p>

## SEO Links

	URL Rewrite	<p>Buono. I tuoi links appaiono friendly!</p>
	Underscores in the URLs	<p>Perfetto! Non sono stati rilevati underscores nei tuoi URLs.</p>

## SEO Links

		
	In-page links	Abbiamo trovato un totale di 23 links inclusi 0 link(s) a files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 39.13%</p> <p>Internal Links 60.87%</p>


## In-page links

Anchor	Type	Juice
<a href="#">News</a>	Esterno	Passing Juice
<a href="#">Suicide Prevention</a>	Esterno	Passing Juice
<a href="#">Suicide Loss</a>	Esterno	Passing Juice
<a href="#">Workplaces</a>	Esterno	Passing Juice
<a href="#">Education</a>	Esterno	Passing Juice
<a href="#">I Need Help</a>	Interno	Passing Juice
<a href="#">Find Support</a>	Interno	Passing Juice
<a href="#">About</a>	Interno	Passing Juice
<a href="#">Our Work</a>	Interno	Passing Juice
<a href="#">Wellbeing</a>	Interno	Passing Juice
<a href="#">Media</a>	Interno	Passing Juice
<a href="#">Support our Work</a>	Interno	Passing Juice
<a href="#">Donate Now</a>	Interno	Passing Juice
<a href="#">Skylight</a>	Esterno	Passing Juice
<a href="#">Youthline</a>	Esterno	Passing Juice
<a href="#">Skylight</a>	Esterno	Passing Juice
<a href="#">Curative</a>	Esterno	Passing Juice
<a href="#">Newsletters</a>	Interno	Passing Juice

## In-page links

<a href="#">Vacancies</a>	Interno	Passing Juice
<a href="#">Contact Us</a>	Interno	Passing Juice
<a href="#">Sitemap</a>	Interno	Passing Juice
<a href="#">Mental Health Foundation</a>	Interno	Passing Juice
<a href="#">Terms &amp; Conditions</a>	Interno	Passing Juice





## SEO Keywords

 Keywords Cloud	help health need support wellbeing mental media more work foundation
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## Consistenza Keywords

Keyword	Contenuto	Title	Keywords	Description	Headings
more	38	✗	✗	✗	✗
mental	30	✓	✗	✗	✓
health	30	✓	✗	✗	✓
support	18	✗	✗	✓	✓
wellbeing	13	✗	✗	✗	✓

## Usabilita

	Url	Dominio : commonground.org.nz Lunghezza : 19
	Favicon	Grande, il tuo sito usa una favicon.
	Stampabilita	Non abbiamo riscontrato codice CSS Print-Friendly.
	Lingua	Buono. La tua lingua dichiarata en.





## Usabilita

	Dublin Core	Questa pagina non sfrutta i vantaggi di Dublin Core.
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## Documento

	Doctype	HTML 5
	Encoding	Perfetto. Hai dichiarato che il tuo charset e UTF-8.
	Validita W3C	Errori : 0 Avvisi : 0
	Email Privacy	Grande. Nessun indirizzo mail e stato trovato in plain text!
	Deprecated HTML	Grande! Non abbiamo trovato tags HTML deprecati nel tuo codice.
	Suggerimenti per velocizzare	<ul style="list-style-type: none"><li> Eccellente, il tuo sito web non utilizza nested tables.</li><li> Molto male, il tuo sito web utilizza stili CSS inline.</li><li> Grande, il tuo sito web ha pochi file CSS.</li><li> Perfetto, il tuo sito web ha pochi file JavaScript.</li><li> Perfetto, il vostro sito si avvale di gzip.</li></ul>

## Mobile



	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Ottimizzazione

	XML Sitemap	Grande, il vostro sito ha una sitemap XML.
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## Optimizzazione



		<a href="https://mentalhealth.org.nz/common-ground">https://mentalhealth.org.nz/common-ground</a>
	Robots.txt	<a href="http://commonground.org.nz/robots.txt">http://commonground.org.nz/robots.txt</a> Grande, il vostro sito ha un file robots.txt.
	Analytics	Non trovato  Non abbiamo rilevato uno strumento di analisi installato su questo sito web.  Web analytics consentono di misurare l'attività dei visitatori sul tuo sito web. Si dovrebbe avere installato almeno un strumento di analisi, ma può anche essere buona per installare una seconda, al fine di un controllo incrociato dei dati.