





# Website review waytoquit.org

Generated on September 22 2024 14:24 PM






The score is 49/100






## SEO Content

	Title	Free & Confidential Tools to Quit Tobacco - Way to Quit  <b>Length : 59</b>  Perfect, your title contains between 10 and 70 characters.														
	Description	Way to Quit offers free and confidential tools to help you quit nicotine. Quit online, by phone or text, or create a quit plan customized just for you  <b>Length : 150</b>  Great, your meta description contains between 70 and 160 characters.														
	Keywords	Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.														
	Og Meta Properties	Good, your page take advantage of Og Properties. <table><thead><tr><th>Property</th><th>Content</th></tr></thead><tbody><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Free &amp; Confidential Tools to Quit Tobacco - Way to Quit</td></tr><tr><td>description</td><td>Way to Quit offers free and confidential tools to help you quit nicotine. Quit online, by phone or text, or create a quit plan customized just for you</td></tr><tr><td>url</td><td>https://waytoquit.org/</td></tr><tr><td>site_name</td><td>Way to Quit</td></tr></tbody></table>	Property	Content	locale	en_US	type	website	title	Free & Confidential Tools to Quit Tobacco - Way to Quit	description	Way to Quit offers free and confidential tools to help you quit nicotine. Quit online, by phone or text, or create a quit plan customized just for you	url	https://waytoquit.org/	site_name	Way to Quit
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## SEO Content

	Headings	<b>H1</b> 1 <b>H2</b> 5 <b>H3</b> 8 <b>H4</b> 0 <b>H5</b> 0 <b>H6</b> 0
		<ul style="list-style-type: none"> <li>• [H1] Free &amp; Confidential Tools to Quit Tobacco</li> <li>• [H2] Dangers of Tobacco</li> <li>• [H2] Vaping</li> <li>• [H2] Share Your Quit</li> <li>• [H2] Join Our Quit Community</li> <li>• [H2] Get Help Quitting</li> <li>• [H3] Get Free Patches and Gum!</li> <li>• [H3] Help Someone Quit</li> <li>• [H3] For Healthcare Providers</li> <li>• [H3] Project Success and Way to Quit Launch Salt Lake City Exhibit</li> <li>• [H3] Understanding the Fire Hazards of Tobacco Products</li> <li>• [H3] Take charge: A guide to quitting nicotine with nicotine replacement therapy (NRT)</li> <li>• [H3] Help Someone Quit</li> <li>• [H3] Dangers of Tobacco</li> </ul>
	Images	<p>We found 7 images on this web page.</p> <p>3 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : <b>1%</b></p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>

## SEO Links

	URL Rewrite	<p>Good. Your links looks friendly!</p>
	Underscores in the URLs	<p>We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.</p>
	In-page links	<p>We found a total of 43 links including 0 link(s) to files</p>
	Statistics	<p>External Links : noFollow 0%</p>

## SEO Links



External Links : Passing Juice 2.33%

Internal Links 97.67%


## In-page links

Anchor	Type	Juice
<a href="#">Español</a>	External	Passing Juice
<a href="#">Get Help Quitting</a>	Internal	Passing Juice
<a href="#">How to Quit</a>	Internal	Passing Juice
<a href="#">The 5 D&amp;#8217;s</a>	Internal	Passing Juice
<a href="#">Top Quit Tips</a>	Internal	Passing Juice
<a href="#">Cravings &amp;#038; Triggers</a>	Internal	Passing Juice
<a href="#">Managing Withdrawal/Relapse</a>	Internal	Passing Juice
<a href="#">Help Someone Quit</a>	Internal	Passing Juice
<a href="#">Top Help Tips</a>	Internal	Passing Juice
<a href="#">How to Help</a>	Internal	Passing Juice
<a href="#">Supporter Type</a>	Internal	Passing Juice
<a href="#">Cravings &amp;#038; Triggers</a>	Internal	Passing Juice
<a href="#">Help Overcome Relapse</a>	Internal	Passing Juice
<a href="#">For Healthcare Providers</a>	Internal	Passing Juice
<a href="#">Referrals</a>	Internal	Passing Juice
<a href="#">Patient Education</a>	Internal	Passing Juice
<a href="#">Medication &amp;#038; Dosage</a>	Internal	Passing Juice
<a href="#">Learning Modules</a>	Internal	Passing Juice
<a href="#">Billing &amp;#038; Reimbursements</a>	Internal	Passing Juice
<a href="#">Cost &amp;#038; Coverage</a>	Internal	Passing Juice
<a href="#">Behavioral Health</a>	Internal	Passing Juice
<a href="#">Dangers of Tobacco</a>	Internal	Passing Juice
<a href="#">Health Effects</a>	Internal	Passing Juice

## In-page links

<a href="#">Cost Of Tobacco</a>	Internal	Passing Juice
<a href="#">Effects on Youth</a>	Internal	Passing Juice
<a href="#">Types of Tobacco</a>	Internal	Passing Juice
<a href="#">Benefits of Quitting</a>	Internal	Passing Juice
<a href="#">Vaping</a>	Internal	Passing Juice
<a href="#">What is Vaping</a>	Internal	Passing Juice
<a href="#">Health Effects</a>	Internal	Passing Juice
<a href="#">Vaping Devices</a>	Internal	Passing Juice
<a href="#">Safety Concerns</a>	Internal	Passing Juice
<a href="#">Why Quit?</a>	Internal	Passing Juice
<a href="#">Share your Quit</a>	Internal	Passing Juice
<a href="#">Blog</a>	Internal	Passing Juice
<a href="#">Community</a>	Internal	Passing Juice
<a href="#">Project Success and Way to Quit Launch Salt Lake City Exhibit</a>	Internal	Passing Juice
<a href="#">Understanding the Fire Hazards of Tobacco Products</a>	Internal	Passing Juice
<a href="#">Take charge: A guide to quitting nicotine with nicotine replacement therapy (NRT)</a>	Internal	Passing Juice
<a href="#">Learn More</a>	Internal	Passing Juice
<a href="#">≥</a>	Internal	Passing Juice
<a href="#">Terms of Use</a>	Internal	Passing Juice
<a href="#">Privacy Policy</a>	Internal	Passing Juice






## SEO Keywords

	Keywords Cloud	effects quitting how top help tips cravings tobacco vaping quit
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## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
help	5	✖	✖	✓	✓
quit	4	✓	✖	✓	✓
tobacco	3	✓	✖	✖	✓
effects	3	✖	✖	✖	✖
vaping	3	✖	✖	✖	✓








## Usability

	Url	Domain : waytoquit.org Length : 13
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.




## Document

	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div><div> Excellent, your website doesn't use nested tables.</div><div> Too bad, your website is using inline styles.</div><div> Too bad, your website has too many CSS files (more than 4).</div><div> Too bad, your website has too many JS files (more than 6).</div><div> Perfect, your website takes advantage of gzip.</div></div>

## Mobile

	Mobile Optimization	<div><div> Apple Icon</div><div> Meta Viewport Tag</div><div> Flash content</div></div>
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## Optimization

	XML Sitemap	<div>Great, your website has an XML sitemap.</div> <div><a href="https://waytoquit.org/sitemap_index.xml">https://waytoquit.org/sitemap_index.xml</a></div>
	Robots.txt	<div><a href="http://waytoquit.org/robots.txt">http://waytoquit.org/robots.txt</a></div> <div>Great, your website has a robots.txt file.</div>
	Analytics	<div>Missing</div> <div>We didn't detect an analytics tool installed on this website.</div> <div>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</div>