








Website review tnickfitness.com

Generated on September 13 2024 03:23 AM





The score is 48/100







SEO Content

	Title	<p>T. NICK FITNESS</p> <p>Length : 15</p> <p>Perfect, your title contains between 10 and 70 characters.</p>																
	Description	<p>Length : 0</p> <p>Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.</p>																
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>																
	Og Meta Properties	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1249 1481 1899"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>site_name</td> <td>T. NICK FITNESS</td> </tr> <tr> <td>title</td> <td>T. NICK FITNESS</td> </tr> <tr> <td>url</td> <td>https://www.tnickfitness.com</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>image</td> <td>http://static1.squarespace.com/static/6129919ae1c3f96bf664a6ae/t/659ad6badb329220cdf423ce/1704646330733/Untitled-64+02+Artboard+1+Copy.PNG?format=1500w</td> </tr> <tr> <td>image:width</td> <td>1500</td> </tr> <tr> <td>image:height</td> <td>1500</td> </tr> </tbody> </table>	Property	Content	site_name	T. NICK FITNESS	title	T. NICK FITNESS	url	https://www.tnickfitness.com	type	website	image	http://static1.squarespace.com/static/6129919ae1c3f96bf664a6ae/t/659ad6badb329220cdf423ce/1704646330733/Untitled-64+02+Artboard+1+Copy.PNG?format=1500w	image:width	1500	image:height	1500
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	Headings	<table border="1" data-bbox="539 1933 1481 2000"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>0</td> <td>7</td> <td>2</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="619 2033 1117 2067" style="list-style-type: none"> • [H2] LEARN HOW TO LOSE WEIGHT 	H1	H2	H3	H4	H5	H6	0	7	2	0	0	0				
H1	H2	H3	H4	H5	H6													
0	7	2	0	0	0													

SEO Content

		<ul style="list-style-type: none">• [H2] & INCREASE CONFIDENCE• [H2] MEET YOUR TRAINER, TORIAN.• [H2] T-Nick Fitness Brings Oculus Quest 2 for Exercise & fun!• [H2] STAY FIT ANYWHERE. ANYTIME.• [H2] TRAIN WITH T. NICK IN PERSON• [H2] SHOP• [H3] CLIENT RESULTS• [H3] T-Nick Fitness LLC
	Images	We found 30 images on this web page. 2 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
	Text/HTML Ratio	Ratio : 11% This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 10 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100%


In-page links

Anchor	Type	Juice
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In-page links

Skip to Content	Internal	Passing Juice
HOME	Internal	Passing Juice
ABOUT T-NICK FITNESS	Internal	Passing Juice
PERSONAL TRAINING	Internal	Passing Juice
EXERCISE/MEAL PLANS	Internal	Passing Juice
EPN SUPPLEMENTS	Internal	Passing Juice
SHOP	Internal	Passing Juice
FAQ	Internal	Passing Juice
PURCHASE NOW	Internal	Passing Juice
Shop Now	Internal	Passing Juice


SEO Keywords

	Keywords Cloud	shop personal slide sports today fitness t-nick current memphis training
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Keywords Consistency

Keyword	Content	Title	Keywords	Descripti on	Headings
slide	24	✘	✘	✘	✘
fitness	12	✔	✘	✘	✔
t-nick	8	✘	✘	✘	✔
training	8	✘	✘	✘	✘
current	8	✘	✘	✘	✘











Usability

	Url	Domain : tnickfitness.com Length : 16
	Favicon	Great, your website has a favicon.

Usability

		
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Great, your website has few CSS files. Too bad, your website has too many JS files (more than 6). Perfect, your website takes advantage of gzip.




Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag
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Mobile

✓ Flash content

Optimization

	XML Sitemap	Great, your website has an XML sitemap. https://www.tnickfitness.com/sitemap.xml
	Robots.txt	http://tnickfitness.com/robots.txt Great, your website has a robots.txt file.
	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.