Website review sidran.org

Generated on September 20 2024 09:34 AM

The score is 58/100

SEO Content

⚠️	Title	**Sidran Redirect | Traumatic Stress Institute - Klingberg Family Centers** **Length : 71** Ideally, your title should contain between 10 and 70 characters (spaces included). Use this free tool to calculate text length.
✅	Description	Welcome! The Sidran Institute has joined the Traumatic Stress Institute The Sidran Institute - Past, Present, and Future The Sidran Institute, known for ove ... **Length : 160** Great, your meta description contains between 70 and 160 characters.
❌	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.
✅	Og Meta Properties	Good, your page take advantage of Og Properties.

Property	Content
type	article
url	https://www.traumaticstressinstitute.org/sidran-redirect/
title	Sidran Redirect | Traumatic Stress Institute - Klingberg Family Centers
description	Welcome! The Sidran Institute has joined the Traumatic Stress Institute The Sidran Institute - Past, Present, and Future The Sidran Institute, known for ove ...
image	https://www.traumaticstressinstitute.org/wp-content/uploads/2022/09/sidran_seal_2col_spot.gif
image:width	216

SEO Content

		image:height 216
⦾	Headings	**H1** **H2** **H3** **H4** **H5** **H6** 1 1 1 0 0 0 • [H1] Welcome! The Sidran Institute has joined the Traumatic Stress Institute • [H2] The Sidran Institute – Past, Present, and Future • [H3] Proven Trauma-Informed Implementation and Measurement Solutions
❌	Images	We found 6 images on this web page. 6 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
❌	Text/HTML Ratio	Ratio : **3%** This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
✅	Flash	Perfect, no Flash content has been detected on this page.
✅	Iframe	Great, there are no Iframes detected on this page.

SEO Links

✅	URL Rewrite	Good. Your links looks friendly!
✅	Underscores in the URLs	Perfect! No underscores detected in your URLs.
❌	In-page links	We found a total of 29 links including 0 link(s) to files
⦾	Statistics	External Links : noFollow 0% External Links : Passing Juice 100% Internal Links 0%

In-page links

Anchor	Type	Juice
Contact the Help Desk	External	Passing Juice
About	External	Passing Juice
Vision – Mission – Values	External	Passing Juice
Traumatic Stress Institute Staff	External	Passing Juice
History of the Traumatic Stress Institute	External	Passing Juice
TSI Faculty Trainers	External	Passing Juice
Klingberg Family Centers	External	Passing Juice
Whole System Change	External	Passing Juice
Whole-System Change Model – Head Start Programs	External	Passing Juice
Whole-System Change Model – IDD Organizations & Systems	External	Passing Juice
Current Client Agencies of the Traumatic Stress Institute	External	Passing Juice
Risking Connection® (RC) Training	External	Passing Juice
RC in the Research and Professional Literature	External	Passing Juice
Benefits of Risking Connection Training	External	Passing Juice
Risking Connection for Foster Parents	External	Passing Juice
The Original RC Curriculum	External	Passing Juice
RC Adaptations for Trauma Professionals	External	Passing Juice
Restorative Approach® (RA) Training	External	Passing Juice
ARTIC Scale	External	Passing Juice
Training Events	External	Passing Juice
Trainers’ Corner	External	Passing Juice
Blog	External	Passing Juice
Sidran	External	Passing Juice
Books	External	Passing Juice
Careers	External	Passing Juice
Contact	External	Passing Juice
LEARN MORE ABOUT THE TRAUMATIC STRESS INSTITUTE	External	Passing Juice

In-page links

LOOKING FOR SURVIVOR MOMS' COMPANION?	External	Passing Juice
860-832-5523	External	Passing Juice

SEO Keywords

Keywords Cloud	trauma-informed sidran training trauma stress tsi institute traumatic risking connection

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
institute	13	✔	✖	✔	✔
traumatic	10	✔	✖	✔	✔
stress	10	✔	✖	✔	✔
training	9	✖	✖	✖	✖
sidran	7	✔	✖	✔	✔

Usability

	Url	Domain : sidran.org Length : 10
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Usability

Document

✓	Doctype	HTML 5
✓	Encoding	Perfect. Your declared charset is UTF-8.
✗	W3C Validity	Errors : 0 Warnings : 0
✓	Email Privacy	Great no email address has been found in plain text!
✓	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
○	Speed Tips	✓ Excellent, your website doesn't use nested tables. ✗ Too bad, your website is using inline styles. ✗ Too bad, your website has too many CSS files (more than 4). ✗ Too bad, your website has too many JS files (more than 6). ✓ Perfect, your website takes advantage of gzip.

Mobile

○	Mobile Optimization	✓ Apple Icon ✓ Meta Viewport Tag ✓ Flash content

Optimization

✗	XML Sitemap	Missing Your website does not have an XML sitemap - this can be problematic. A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of

Optimization

		changes and importance of the URLs. This allows search engines to crawl the site more intelligently.
✓	Robots.txt	http://sidran.org/robots.txt Great, your website has a robots.txt file.
✓	Analytics	Great, your website has an analytics tool. Google Analytics