







# Website review satherchildcounseling.com

Generated on September 22 2024 18:24 PM





The score is 48/100




## SEO Content

	<p>Title</p>	<p>Dawn Sather Counselling &amp; Consulting   Vancouver Island - Sather Counselling</p> <p><b>Length : 80</b></p> <p>Ideally, your title should contain between 10 and 70 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>								
	<p>Description</p>	<p>I am a Registered Social Worker and a Registered Clinical Counsellor with over 20 years of experience working with children, youth and families. I offer Child-Parent Psychotherapy, Circle of Security-Parenting, Adult Somatic Psychotherapy, Hear the Child Reports, Consultation and Supervision. I have studied extensively, and continue to do so, in the field of play, trauma, attachment, infant and child development, child-parent psychotherapy, relational practice, emergent neuroscience, and somatic therapies. All these training weave together to provide an integrative attachment/relational and somatic-based approach to my practice. Please call me - I am here to help.</p> <p><b>Length : 672</b></p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>								
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>								
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1682 1481 2018"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>en_US</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>Dawn Sather Counselling &amp; Consulting   Vancouver Island - Sather Counselling</td> </tr> </tbody> </table>	Property	Content	locale	en_US	type	website	title	Dawn Sather Counselling & Consulting   Vancouver Island - Sather Counselling
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## SEO Content

		<p><b>description</b> I am a Registered Social Worker and a Registered Clinical Counsellor with over 20 years of experience working with children, youth and families. I offer Child-Parent Psychotherapy, Circle of Security-Parenting, Adult Somatic Psychotherapy, Hear the Child Reports, Consultation and Supervision. I have studied extensively, and continue to do so, in the field of play, trauma, attachment, infant and child development, child-parent psychotherapy, relational practice, emergent neuroscience, and somatic therapies. All these training weave together to provide an integrative attachment/relational and somatic-based approach to my practice. Please call me - I am here to help.</p> <p><b>url</b> <a href="https://sathercounselling.com/">https://sathercounselling.com/</a></p> <p><b>site_name</b> Sather Counselling</p> <p><b>image</b> <a href="https://sathercounselling.com/wp-content/uploads/Dawn-Sather-Child-Counselling-Victoria-BC-logo.png">https://sathercounselling.com/wp-content/uploads/Dawn-Sather-Child-Counselling-Victoria-BC-logo.png</a></p> <p><b>image:width</b> 500</p> <p><b>image:height</b> 500</p> <p><b>image:type</b> image/png</p>												
	Headings	<table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>5</td> <td>1</td> <td>0</td> <td>0</td> <td>1</td> <td>0</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>• [H1] Sather Counselling &amp; Consulting Inc</li> <li>• [H1]</li> <li>• [H1] About Me</li> <li>• [H1] Rates</li> <li>• [H1] Contact Dawn</li> <li>• [H2] Welcome</li> <li>• [H5] Privacy Policy</li> </ul>	H1	H2	H3	H4	H5	H6	5	1	0	0	1	0
H1	H2	H3	H4	H5	H6									
5	1	0	0	1	0									
	Images	<p>We found 6 images on this web page.</p> <p>5 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>												
	Text/HTML Ratio	<p>Ratio : <b>0%</b></p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>												
	Flash	Perfect, no Flash content has been detected on this page.												

## SEO Content

	Iframe	Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.
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## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 17 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 100% Internal Links 0%


## In-page links

Anchor	Type	Juice
<a href="#">Welcome</a>	External	Passing Juice
<a href="#">About Me</a>	External	Passing Juice
<a href="#">Rates</a>	External	Passing Juice
<a href="#">Contact</a>	External	Passing Juice
<a href="#">My Practice</a>	External	Passing Juice
<a href="#">Education</a>	External	Passing Juice
<a href="#">Registrations</a>	External	Passing Juice
<a href="#">Contact</a>	External	Passing Juice
<a href="#">Counselling</a>	External	Passing Juice
<a href="#">&amp;#8211; Adult Counselling</a>	External	Passing Juice
<a href="#">Consulting</a>	External	Passing Juice
<a href="#">BCACC Approved Clinical Supervisor</a>	External	Passing Juice

## In-page links

<a href="#">Contact</a>	External	Passing Juice
<a href="#">COVID19 Safety Plan</a>	External	Passing Juice
<a href="#">Book Online</a>	External	Passing Juice
=	External	Passing Juice
<a href="#">Web Design - Vancouver Island</a>	External	Passing Juice




## SEO Keywords

 Keywords Cloud	adult education practice bcacc welcome consulting <b>counselling</b> approved rates registrations
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## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
counselling	2	✓	✗	✗	✓
welcome	1	✗	✗	✗	✓
rates	1	✗	✗	✗	✓
practice	1	✗	✗	✓	✗
education	1	✗	✗	✗	✗



## Usability

 Url	Domain : satherchildcounseling.com Length : 25
 Favicon	Great, your website has a favicon.
 Printability	We could not find a Print-Friendly CSS.
Language	Good. Your declared language is en.





## Usability

		
	Dublin Core	This page does not take advantage of Dublin Core.





## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Great, your website has few CSS files.</li><li> Too bad, your website has too many JS files (more than 6).</li><li> Perfect, your website takes advantage of gzip.</li></ul>

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	<p>Missing</p> <p>Your website does not have an XML sitemap - this can be problematic.</p> <p>A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.</p>
	Robots.txt	<p><a href="http://satherchildcounseling.com/robots.txt">http://satherchildcounseling.com/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Great, your website has an analytics tool.</p> <div data-bbox="544 680 1481 757"> Google Analytics</div>