Website review
ruxandralemay.com

The score is 46/100

SEO Content

⚠️	Title	Fresh Start Therapy & Consulting | Psychologist | Litchfield Park, AZ 85340 **Length : 79** Ideally, your title should contain between 10 and 70 characters (spaces included). Use this free tool to calculate text length.
✅	Description	If you are experiencing depression, anxiety or relationship problems, help is closer than you think. Contact Ruxandra LeMay for professional counseling. **Length : 152** Great, your meta description contains between 70 and 160 characters.
❌	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.
✅	Og Meta Properties	Good, your page take advantage of Og Properties.

Property	Content
title	Fresh Start Therapy & Consulting | Psychologist | Litchfield Park, AZ 85340
type	website
description	If you are experiencing depression, anxiety or relationship problems, help is closer than you think. Contact Ruxandra LeMay for professional counseling.
site_name	Fresh Start Therapy & Consulting
url	https://ruxandralemay.com/

Headings					
H1	H2	H3	H4	H5	H6
4	1	4	0	0	3

SEO Content

		- [H1] "ONCE YOU LEARN HOW TO CREATE YOUR OWN HAPPINESS, NO ONE CAN TAKE IT FROM YOU!" - [H1] Call 623.628.0406 to book a free 15-minute phone consultation - [H1] Let's connect online and get started! - [H1] Resources that will make a difference - [H2] Welcome to Fresh Start Therapy & Consulting! - [H3] I Specialize In: - [H3] My Style (from what I've been told) - [H3] Additional Information - [H3] About Dr. Ruxandra LeMay - [H6] - [H6] Office Hours - [H6] Get Started
❌	Images	We found 8 images on this web page. 5 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
❌	Text/HTML Ratio	Ratio : **3%** This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
✅	Flash	Perfect, no Flash content has been detected on this page.
❌	Iframe	Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.

SEO Links

✅	URL Rewrite	Good. Your links looks friendly!
✅	Underscores in the URLs	Perfect! No underscores detected in your URLs.
✅	In-page links	We found a total of 19 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 10.53% Internal Links 89.47%

In-page links

Anchor	Type	Juice
Home	Internal	Passing Juice
About	Internal	Passing Juice
Therapy Services	Internal	Passing Juice
Relationship Counseling at Every Stage	Internal	Passing Juice
ADHD Management & Coaching	Internal	Passing Juice
Stress & Anxiety Management	Internal	Passing Juice
Mediation Services	Internal	Passing Juice
Get Started	Internal	Passing Juice
FAQs	Internal	Passing Juice
Rates & Insurance	Internal	Passing Juice
Client Forms	Internal	Passing Juice
15 Min Consultation	External	Passing Juice
Mediation Services	Internal	Passing Juice
Mental Health Links	Internal	Passing Juice
Resources That Will Make A Difference	Internal	Passing Juice
Blog	Internal	Passing Juice
Contact	Internal	Passing Juice
Schedule an Appointment	Internal	Passing Juice
Brighter Vision	External	Passing Juice

SEO Keywords

Keywords Cloud

services appointment drruxlemaygmail make sessions fresh resources park litchfield therapy

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
therapy	4	✔	✖	✖	✔
appointment	4	✖	✖	✖	✖
services	4	✖	✖	✖	✖
litchfield	3	✔	✖	✖	✖
park	3	✔	✖	✖	✖

Usability

	Url	Domain : ruxandralemay.com Length : 17
✔	Favicon	Great, your website has a favicon.
✖	Printability	We could not find a Print-Friendly CSS.
✖	Language	You have not specified the language. Use this free meta tags generator to declare the intended language of your website.
✖	Dublin Core	This page does not take advantage of Dublin Core.

Document

✔	Doctype	HTML 5
✔	Encoding	Perfect. Your declared charset is UTF-8.
✖	W3C Validity	Errors : 0 Warnings : 0
✖	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.

Document

✅	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
⦾	Speed Tips	✔ Excellent, your website doesn't use nested tables.
		✖ Too bad, your website is using inline styles.
		✖ Too bad, your website has too many CSS files (more than 4).
		✖ Too bad, your website has too many JS files (more than 6).
		✔ Perfect, your website takes advantage of gzip.

Mobile

⦾	Mobile Optimization	✖ Apple Icon
		✔ Meta Viewport Tag
		✔ Flash content

Optimization

✅	XML Sitemap	Great, your website has an XML sitemap.
		https://ruxandralemay.com/sitemap.xml
✅	Robots.txt	http://ruxandralemay.com/robots.txt
		Great, your website has a robots.txt file.
✅	Analytics	Great, your website has an analytics tool.
		Google Analytics