





# Website review remedygpc.com

Generated on September 22 2024 03:48 AM






The score is 53/100







## SEO Content

	<p>Title</p>	<p>Wellness Practice &amp; MedSpa in Cos Cob, CT   REMEDY</p> <p><b>Length : 54</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>														
	<p>Description</p>	<p>REMEDY is a skilled Wellness Practice &amp; MedSpa in Cos Cob, CT. Accepting new appointments. Call today or request an appointment on our website.</p> <p><b>Length : 147</b></p> <p>Great, your meta description contains between 70 and 160 characters.</p>														
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>														
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1317 1481 1937"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>en_US</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>Wellness Practice &amp; MedSpa in Cos Cob, CT   REMEDY</td> </tr> <tr> <td>description</td> <td>REMEDY is a skilled Wellness Practice &amp; MedSpa in Cos Cob, CT. Accepting new appointments. Call today or request an appointment on our website.</td> </tr> <tr> <td>url</td> <td>https://remedygpc.com/</td> </tr> <tr> <td>site_name</td> <td>REMEDY</td> </tr> </tbody> </table>	Property	Content	locale	en_US	type	website	title	Wellness Practice & MedSpa in Cos Cob, CT   REMEDY	description	REMEDY is a skilled Wellness Practice & MedSpa in Cos Cob, CT. Accepting new appointments. Call today or request an appointment on our website.	url	https://remedygpc.com/	site_name	REMEDY
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## SEO Content

	Headings	H1 1	H2 6	H3 1	H4 5	H5 0	H6 0
	Headings	<ul style="list-style-type: none"> <li>• [H1]</li> <li>• [H2] Where Wellness Meets ExpertiseYouth Path to Vitality in Greenwich</li> <li>• [H2] Welcome To REMEDY</li> <li>• [H2] Services We Offer</li> <li>• [H2] APPOINTMENTS</li> <li>• [H2] Weight Loss Management</li> <li>• [H2] Contact Us</li> <li>• [H3] REMEDY</li> <li>• [H4]</li> <li>• [H4] IV Therapy</li> <li>• [H4] Wrinkle Reducers</li> <li>• [H4] Weight Loss</li> <li>• [H4] Nutrition Counseling</li> </ul>					
	Images	<p>We found 7 images on this web page.</p> <p>3 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>					
	Text/HTML Ratio	<p>Ratio : <b>11%</b></p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>					
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>					
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>					

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 22 links including 0 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 9.09%</p>

## SEO Links

Internal Links 90.91%

### In-page links

Anchor	Type	Juice
<a href="#">Menu</a>	Internal	Passing Juice
<a href="#">Our Locations</a>	Internal	Passing Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">About</a>	Internal	Passing Juice
<a href="#">Meet The Team</a>	Internal	Passing Juice
<a href="#">Appointments</a>	Internal	Passing Juice
<a href="#">Services</a>	Internal	Passing Juice
<a href="#">IV Therapy</a>	Internal	Passing Juice
<a href="#">Rejuvenate</a>	Internal	Passing Juice
<a href="#">Weight Loss</a>	Internal	Passing Juice
<a href="#">Nutrition Counseling</a>	Internal	Passing Juice
<a href="#">Wellness Testing</a>	Internal	Passing Juice
<a href="#">Hormonal Health</a>	Internal	Passing Juice
<a href="#">Contact</a>	Internal	Passing Juice
<a href="#">Appointments</a>	Internal	Passing Juice
<a href="#">Read More</a>	Internal	Passing Juice
<a href="#">New Clients</a>	Internal	Passing Juice
<a href="#">40 E Putnam Ave. Suite 1A, Cos Cob, CT 06807</a>	External	Passing Juice
<a href="#">Sitemap</a>	Internal	Passing Juice
<a href="#">Accessibility</a>	Internal	Passing Juice
<a href="#">Website by Jet Digital</a>	External	Passing Juice
<a href="#">Skip to content</a>	Internal	Passing Juice

## SEO Keywords



Keywords Cloud

ave wellness appointment  
weight suite text remedy loss  
putnam appointments

## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
weight	5	✘	✘	✘	✔
loss	5	✘	✘	✘	✔
wellness	5	✔	✘	✔	✔
text	5	✘	✘	✘	✘
putnam	4	✘	✘	✘	✘











## Usability

	Url	Domain : remedygpc.com Length : 13
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

## Document

	Doctype	HTML 5
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## Document

	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Too bad, your website has too many CSS files (more than 4).</li><li> Too bad, your website has too many JS files (more than 6).</li><li> Perfect, your website takes advantage of gzip.</li></ul>

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	Great, your website has an XML sitemap. <a href="https://remedygpc.com/sitemap_index.xml">https://remedygpc.com/sitemap_index.xml</a>
	Robots.txt	<a href="http://remedygpc.com/robots.txt">http://remedygpc.com/robots.txt</a> Great, your website has a robots.txt file.
	Analytics	Great, your website has an analytics tool.  Google Analytics