





# Website review remedygpc.com

Generated on September 13 2024 03:36 AM






The score is 53/100







## SEO Content

	Title	Wellness Practice & MedSpa in Cos Cob, CT   REMEDY  <b>Length : 54</b>  Perfect, your title contains between 10 and 70 characters.														
	Description	REMEDY is a skilled Wellness Practice & MedSpa in Cos Cob, CT. Accepting new appointments. Call today or request an appointment on our website.  <b>Length : 147</b>  Great, your meta description contains between 70 and 160 characters.														
	Keywords	Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.														
	Og Meta Properties	Good, your page take advantage of Og Properties. <table><tr><th>Property</th><th>Content</th></tr><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Wellness Practice &amp; MedSpa in Cos Cob, CT   REMEDY</td></tr><tr><td>description</td><td>REMEDY is a skilled Wellness Practice &amp; MedSpa in Cos Cob, CT. Accepting new appointments. Call today or request an appointment on our website.</td></tr><tr><td>url</td><td>https://remedygpc.com/</td></tr><tr><td>site_name</td><td>REMEDY</td></tr></table>	Property	Content	locale	en_US	type	website	title	Wellness Practice & MedSpa in Cos Cob, CT   REMEDY	description	REMEDY is a skilled Wellness Practice & MedSpa in Cos Cob, CT. Accepting new appointments. Call today or request an appointment on our website.	url	https://remedygpc.com/	site_name	REMEDY
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site_name	REMEDY															

## SEO Content

	Headings	<b>H1</b> 1 <b>H2</b> 6 <b>H3</b> 1 <b>H4</b> 5 <b>H5</b> 0 <b>H6</b> 0
		<ul style="list-style-type: none"> <li>• [H1]</li> <li>• [H2] Where Wellness Meets ExpertiseYouth Path to Vitality in Greenwich</li> <li>• [H2] Welcome To REMEDY</li> <li>• [H2] Services We Offer</li> <li>• [H2] APPOINTMENTS</li> <li>• [H2] Weight Loss Management</li> <li>• [H2] Contact Us</li> <li>• [H3] REMEDY</li> <li>• [H4]</li> <li>• [H4] IV Therapy</li> <li>• [H4] Wrinkle Reducers</li> <li>• [H4] Weight Loss</li> <li>• [H4] Nutrition Counseling</li> </ul>
	Images	<p>We found 7 images on this web page.</p> <p>3 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : <b>11%</b></p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 22 links including 0 link(s) to files
	Statistics	External Links : noFollow 0%
		External Links : Passing Juice 9.09%

## SEO Links

Internal Links 90.91%

### In-page links

Anchor	Type	Juice
<a href="#">Menu</a>	Internal	Passing Juice
<a href="#">Our Locations</a>	Internal	Passing Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">About</a>	Internal	Passing Juice
<a href="#">Meet The Team</a>	Internal	Passing Juice
<a href="#">Appointments</a>	Internal	Passing Juice
<a href="#">Services</a>	Internal	Passing Juice
<a href="#">IV Therapy</a>	Internal	Passing Juice
<a href="#">Rejuvenate</a>	Internal	Passing Juice
<a href="#">Weight Loss</a>	Internal	Passing Juice
<a href="#">Nutrition Counseling</a>	Internal	Passing Juice
<a href="#">Wellness Testing</a>	Internal	Passing Juice
<a href="#">Hormonal Health</a>	Internal	Passing Juice
<a href="#">Contact</a>	Internal	Passing Juice
<a href="#">Appointments</a>	Internal	Passing Juice
<a href="#">Read More</a>	Internal	Passing Juice
<a href="#">New Clients</a>	Internal	Passing Juice
<a href="#">40 E Putnam Ave. Suite 1A, Cos Cob, CT 06807</a>	External	Passing Juice
<a href="#">Sitemap</a>	Internal	Passing Juice
<a href="#">Accessibility</a>	Internal	Passing Juice
<a href="#">Website by Jet Digital</a>	External	Passing Juice
<a href="#">Skip to content</a>	Internal	Passing Juice

## SEO Keywords



Keywords Cloud

appointments wellness loss  
ave appointment suite putnam  
weight remedy text

## Keywords Consistency

Keyword	Content	Title	Keywords	Descripti on	Headings
weight	5	✖	✖	✖	✔
loss	5	✖	✖	✖	✔
wellness	5	✔	✖	✔	✔
text	5	✖	✖	✖	✖
putnam	4	✖	✖	✖	✖











## Usability

	Url	Domain : remedygpc.com Length : 13
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





## Document

	Doctype	HTML 5
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## Document

	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div><div> Excellent, your website doesn't use nested tables.</div><div> Too bad, your website is using inline styles.</div><div> Too bad, your website has too many CSS files (more than 4).</div><div> Too bad, your website has too many JS files (more than 6).</div><div> Perfect, your website takes advantage of gzip.</div></div>

## Mobile

	Mobile Optimization	<div><div> Apple Icon</div><div> Meta Viewport Tag</div><div> Flash content</div></div>
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## Optimization

	XML Sitemap	Great, your website has an XML sitemap. <div><a href="https://remedygpc.com/sitemap_index.xml">https://remedygpc.com/sitemap_index.xml</a></div>
	Robots.txt	<a href="http://remedygpc.com/robots.txt">http://remedygpc.com/robots.txt</a> Great, your website has a robots.txt file.
	Analytics	Great, your website has an analytics tool. <div> Google Analytics</div>