



Website review rdtherapeutics.ca

Generated on September 20 2024 07:57 AM





The score is **61/100**







SEO Content

	<p>Title</p>	<p>R&D Therapeutics</p> <p>Length : 20</p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	<p>Description</p>	<p>Located in the Austin Heights, Coquitlam. We provide high-quality manual therapy services (registered massage therapy RMT and manual osteopathic treatments). Book your treatment today.</p> <p>Length : 185</p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.</p>												
	<p>Keywords</p>	<p>manual therapy, Coquitlam BC, Austin Heights, RMT, Massage, Massage Therapy, Clinic, Rehab, Recovery, Soreness, Sports Injury, R&D, Therapeutics, r & d, r and d</p> <p>Good, your page contains meta keywords.</p>												
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1413 1481 1666"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>url</td> <td>https://www.rdtherapeutics.ca/</td> </tr> <tr> <td>type</td> <td>website</td> </tr> </tbody> </table>	Property	Content	url	https://www.rdtherapeutics.ca/	type	website						
Property	Content													
url	https://www.rdtherapeutics.ca/													
type	website													
	<p>Headings</p>	<table border="1" data-bbox="544 1693 1481 1767"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>3</td> <td>0</td> <td>4</td> <td>4</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="616 1800 1121 2063" style="list-style-type: none"> • [H1] Welcome to R&D Therapeutics • [H2] Clinic Offerings • [H2] R&D News & Updates • [H2] Follow Us For More Updates • [H4] Our Services • [H4] Insurance Benefits • [H4] Online Booking • [H4] ICBC Patients 	H1	H2	H3	H4	H5	H6	1	3	0	4	4	0
H1	H2	H3	H4	H5	H6									
1	3	0	4	4	0									

SEO Content

		<ul style="list-style-type: none"> • [H5] HANDS ON WITH R&D THERAPEUTICS - ISSUE 1 • [H5] WHAT DO YOU GET WHEN YOU CROSS A CHIROPRACTOR AND AN RMT? • [H5] INTERESTED IN JOINING OUR TEAM? • [H5] Connect with us
	Images	<p>We found 2 images on this web page.</p> <p>Good, most or all of your images have alt attributes.</p>
	Text/HTML Ratio	<p>Ratio : 13%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>

SEO Links

	URL Rewrite	<p>Good. Your links looks friendly!</p>
	Underscores in the URLs	<p>Perfect! No underscores detected in your URLs.</p>
	In-page links	<p>We found a total of 11 links including 1 link(s) to files</p>
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 27.27%</p> <p>Internal Links 72.73%</p>


In-page links

Anchor	Type	Juice
Home	Internal	Passing Juice
About	Internal	Passing Juice

In-page links

Services	Internal	Passing Juice
POLICIES & FAQs	Internal	Passing Juice
Contact Us	Internal	Passing Juice
BOOK NOW	External	Passing Juice
View Issue	Internal	Passing Juice
Learn More	Internal	Passing Juice
Learn More	Internal	Passing Juice
#201-1024 Ridgeway Ave	External	Passing Juice
rdtherapeutics	External	Passing Juice


SEO Keywords

 Keywords Cloud	<p>ridgeway book services issue more welcome therapists therapeutics new manual</p>
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Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
manual	5	✘	✔	✔	✘
therapeutics	4	✔	✔	✘	✔
therapists	4	✘	✘	✘	✘
book	3	✘	✘	✔	✔
new	3	✘	✘	✘	✔





Usability

 Url	<p>Domain : rdtherapeutics.ca Length : 17</p>
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Usability

	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Great, your website has few CSS files. Perfect, your website has few JavaScript files. Perfect, your website takes advantage of gzip.




Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon
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Mobile

- ✓ Meta Viewport Tag
- ✓ Flash content

Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <pre>https://rdtherapeutics.ca/sitemap.xml</pre> <pre>http://rdtherapeutics.ca/sitemap.xml</pre>
	Robots.txt	<pre>http://rdtherapeutics.ca/robots.txt</pre> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>