







Website review protein247.com.au

Generated on September 22 2024 16:38 PM






The score is 49/100




SEO Content

	<p>Title</p>	<p>Derrimut 24:7 More than a Gym &ndash; Derrimut 24:7 Gym</p> <p>Length : 57</p> <p>Perfect, your title contains between 10 and 70 characters.</p>														
	<p>Description</p>	<p>At Derrimut 24:7 Gym, we strive to support a holistic, life-changing health & well being journey for every individual at an affordable price. We are More than a gym.</p> <p>Length : 169</p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.</p>														
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>														
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1346 1481 2040"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>url</td> <td>https://www.derrimut247.com.au/</td> </tr> <tr> <td>site_name</td> <td>Derrimut 24:7 Gym</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>Derrimut 24:7 More than a Gym</td> </tr> <tr> <td>description</td> <td>At Derrimut 24:7 Gym, we strive to support a holistic, life-changing health & well being journey for every individual at an affordable price. We are More than a gym.</td> </tr> <tr> <td>image</td> <td>http://www.derrimut247.com.au/cdn/shop/files/180px_x_180px_D247_Signature_Stacked_87f8a1de-8a6d-4678-9e28-92dc8e6501c9_822x822.jpg?v=1630995376</td> </tr> </tbody> </table>	Property	Content	url	https://www.derrimut247.com.au/	site_name	Derrimut 24:7 Gym	type	website	title	Derrimut 24:7 More than a Gym	description	At Derrimut 24:7 Gym, we strive to support a holistic, life-changing health & well being journey for every individual at an affordable price. We are More than a gym.	image	http://www.derrimut247.com.au/cdn/shop/files/180px_x_180px_D247_Signature_Stacked_87f8a1de-8a6d-4678-9e28-92dc8e6501c9_822x822.jpg?v=1630995376
Property	Content															
url	https://www.derrimut247.com.au/															
site_name	Derrimut 24:7 Gym															
type	website															
title	Derrimut 24:7 More than a Gym															
description	At Derrimut 24:7 Gym, we strive to support a holistic, life-changing health & well being journey for every individual at an affordable price. We are More than a gym.															
image	http://www.derrimut247.com.au/cdn/shop/files/180px_x_180px_D247_Signature_Stacked_87f8a1de-8a6d-4678-9e28-92dc8e6501c9_822x822.jpg?v=1630995376															




SEO Content

		image:secure_url https://www.derrimut247.com.au/cdn/shop/files/180px_x_180px_D247_Signature_Stacked_87f8a1de-8a6d-4678-9e28-92dc8e6501c9_822x822.jpg?v=1630995376												
	Headings	<table border="1"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>5</td> <td>2</td> <td>4</td> <td>9</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul style="list-style-type: none"> • [H1] YOU CAN STILL ADD MORE! • [H1] • [H1] EXPERIENCE THE POWER OF DERRIMUT247 • [H1] SHOP FITNESS ESSENTIALS • [H1] OUR CUSTOMER REVIEWS • [H2] FITNESS CLASS • [H2] TIMETABLES AND BOOKINGS • [H3] About the shop • [H3] More Information • [H3] ABOUT US • [H3] Newsletter • [H4] Mushthaq Ahmed • [H4] Derrimut 24:7 Gym - Caroline Springs • [H4] Samuel Gichuki • [H4] Derrimut 24:7 Gym - Derrimut • [H4] Tooba Jalali • [H4] Derrimut 24:7 Gym - Braybrook • [H4] Justin McLeod • [H4] Derrimut 24:7 Gym - Airport West • [H4] Availability 	H1	H2	H3	H4	H5	H6	5	2	4	9	0	0
H1	H2	H3	H4	H5	H6									
5	2	4	9	0	0									
	Images	<p>We found 33 images on this web page.</p> <p>30 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>												
	Text/HTML Ratio	<p>Ratio : 2%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>												
	Flash	Perfect, no Flash content has been detected on this page.												
	Iframe	Great, there are no Iframes detected on this page.												

SEO Links

	URL Rewrite	Good. Your links looks friendly!
---	-------------	----------------------------------

SEO Links

	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 31 links including 1 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 19.35% Internal Links 80.65%

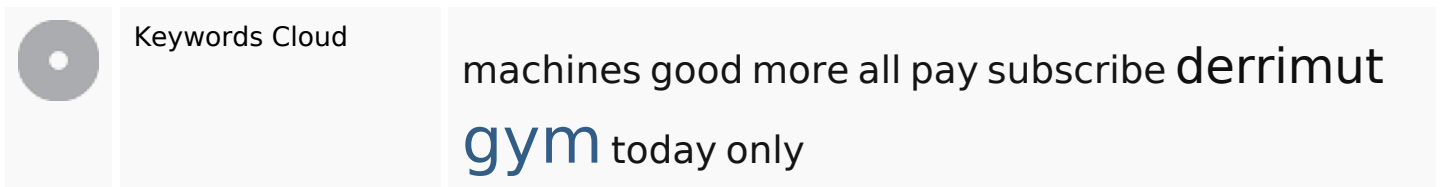
In-page links

Anchor	Type	Juice
{{giftTitle}}	Internal	Passing Juice
CHECKOUT	Internal	Passing Juice
GYM.INFO	Internal	Passing Juice
PERSONAL TRAINERS	Internal	Passing Juice
VICTORIA - PT	Internal	Passing Juice
SOUTH AUSTRALIA - PT	Internal	Passing Juice
NUTRITION BAR	External	Passing Juice
PARTNERS	Internal	Passing Juice
NEWS BULLETINS	Internal	Passing Juice
MEALS	External	Passing Juice
CAREERS	Internal	Passing Juice
CONTACT US	Internal	Passing Juice
JOIN US	Internal	Passing Juice
CLASSES	Internal	Passing Juice
STORE	External	Passing Juice
Register / Login	Internal	Passing Juice
Search	Internal	Passing Juice
&nbsp;	External	Passing Juice

In-page links

&nbsp;	Internal	Passing Juice
&nbsp;	Internal	Passing Juice
@arbee.aerials	External	Passing Juice
MY ACCOUNT	External	Passing Juice
SHIPPING AND DELIVERY	Internal	Passing Juice
OUR POLICIES, TERMS AND CONDITIONS	Internal	Passing Juice
COVID - 19 UPDATES	Internal	Passing Juice
FAQ	Internal	Passing Juice
BLOG	Internal	Passing Juice
ABOUT US	Internal	Passing Juice
BECOME A TRAINER	Internal	Passing Juice
shipping	Internal	Passing Juice
Go to cart	Internal	Passing Juice






SEO Keywords














Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
gym	12	✓	✗	✓	✓
derrimut	7	✓	✗	✓	✓
good	4	✗	✗	✗	✗
subscribe	4	✗	✗	✗	✗
pay	4	✗	✗	✗	✗

Usability





	Url	Domain : protein247.com.au Length : 17
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Document





	Doctype	HTML 5						
	Encoding	Perfect. Your declared charset is UTF-8.						
	W3C Validity	Errors : 0 Warnings : 0						
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.						
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td><s></td><td>1</td></tr><tr><td></td><td>4</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<s>	1		4
Deprecated tags	Occurrences							
<s>	1							
	4							
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Too bad, your website does not take advantage of gzip.						

Document

Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li data-bbox="550 353 766 392"> Apple Icon<li data-bbox="550 421 877 459"> Meta Viewport Tag<li data-bbox="550 488 805 526"> Flash content
--	---------------------	--

Optimization

	XML Sitemap	<p data-bbox="539 730 1093 768">Great, your website has an XML sitemap.</p> <p data-bbox="550 813 1177 851">https://www.derrimut247.com.au/sitemap.xml</p>
	Robots.txt	<p data-bbox="539 889 1021 927">http://protein247.com.au/robots.txt</p> <p data-bbox="539 956 1085 994">Great, your website has a robots.txt file.</p>
	Analytics	<p data-bbox="539 1023 1101 1061">Great, your website has an analytics tool.</p> <p data-bbox="550 1106 861 1160"> Google Analytics</p>