



# Website review myfreestyle.ca

Generated on September 20 2024 11:41 AM





The score is 57/100







## SEO Content

	<p>Title</p>	<p>FreeStyle   Abbott   Canada</p> <p><b>Length : 27</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	<p>Description</p>	<p>Take the mystery out of your diabetes management. Learn more about the FreeStyle line of products and how to get started.</p> <p><b>Length : 121</b></p> <p>Great, your meta description contains between 70 and 160 characters.</p>												
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>												
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1279 1481 1843"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>url</td> <td>https://www.freestyle.abbott/ca-en/home.html</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>FreeStyle   Abbott   Canada</td> </tr> <tr> <td>description</td> <td>Take the mystery out of your diabetes management. Learn more about the FreeStyle line of products and how to get started.</td> </tr> <tr> <td>image</td> <td>https://www.freestyle.abbott/etc.clientlibs/abbot-platform/clientlibs/clientlib-site/resources/images/abbott-logo.png</td> </tr> </tbody> </table>	Property	Content	url	https://www.freestyle.abbott/ca-en/home.html	type	website	title	FreeStyle   Abbott   Canada	description	Take the mystery out of your diabetes management. Learn more about the FreeStyle line of products and how to get started.	image	https://www.freestyle.abbott/etc.clientlibs/abbot-platform/clientlibs/clientlib-site/resources/images/abbott-logo.png
Property	Content													
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image	https://www.freestyle.abbott/etc.clientlibs/abbot-platform/clientlibs/clientlib-site/resources/images/abbott-logo.png													
	<p>Headings</p>	<table border="1" data-bbox="539 1877 1481 1944"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>3</td> <td>3</td> <td>2</td> <td>0</td> <td>0</td> <td>5</td> </tr> </tbody> </table> <ul data-bbox="614 1977 1409 2074" style="list-style-type: none"> <li>• [H1] You could be covered!</li> <li>• [H1] Are you currently using the FreeStyle Libre system?</li> <li>• [H1] Arm yourself with knowledge through our helpful</li> </ul>	H1	H2	H3	H4	H5	H6	3	3	2	0	0	5
H1	H2	H3	H4	H5	H6									
3	3	2	0	0	5									

## SEO Content

		<p>resources.</p> <ul style="list-style-type: none"> <li>• [H2] Are you ready for the updated FreeStyle Libre 2 system?</li> <li>• [H2] Sign Up for MyFreeStyle today</li> <li>• [H2] FreeStyle Libre is the world's #1 sensor-based glucose monitoring system!1†</li> <li>• [H3] You're now leaving an Abbott Canada website, a site maintained by Abbott</li> <li>• [H3] Disclaimer</li> <li>• [H6] FreeStyle Libre 2</li> <li>• [H6] Apps &amp; Software</li> <li>• [H6] Support</li> <li>• [H6] Learn</li> <li>• [H6] STAY CONNECTED</li> </ul>
	Images	<p>We found 26 images on this web page.</p> <p>23 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : <b>17%</b></p> <p>Good, this page's ratio of text to HTML code is higher than 15, but lower than 25 percent.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>

## SEO Links

	URL Rewrite	<p>Good. Your links looks friendly!</p>
	Underscores in the URLs	<p>Perfect! No underscores detected in your URLs.</p>
	In-page links	<p>We found a total of 48 links including 2 link(s) to files</p>
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 56.25%</p> <p>Internal Links 43.75%</p>

## In-page links

Anchor	Type	Juice
<a href="#">Français</a>	Internal	Passing Juice
<a href="#">Features</a>	External	Passing Juice
<a href="#">MyFreeStyle</a>	External	Passing Juice
<a href="#">FreeStyle Libre 2 Sensor</a>	External	Passing Juice
<a href="#">FreeStyle Libre 2 for Children</a>	External	Passing Juice
<a href="#">Real User Stories</a>	External	Passing Juice
<a href="#">FreeStyle Libre 2 Coverage</a>	External	Passing Juice
<a href="#">FreeStyle Libre 2 App</a>	External	Passing Juice
<a href="#">FreeStyle LibreLink App</a>	External	Passing Juice
<a href="#">LibreLinkUp App for Caregivers</a>	External	Passing Juice
<a href="#">LibreView for HCPs</a>	External	Passing Juice
<a href="#">Sensor Replacement Request</a>	Internal	Passing Juice
<a href="#">MyFreeStyle Resources</a>	External	Passing Juice
<a href="#">FAQs</a>	External	Passing Juice
<a href="#">Contact Us</a>	External	Passing Juice
<a href="#">Diabetes Associations</a>	External	Passing Juice
<a href="#">About Sensor-based Glucose Monitoring</a>	External	Passing Juice
<a href="#">Managing Diabetes</a>	External	Passing Juice
<a href="#">Diabetes &amp; Nutrition</a>	External	Passing Juice
<a href="#">Diabetes &amp; Fitness</a>	External	Passing Juice
<a href="#">Diabetes &amp; Mental Wellbeing</a>	External	Passing Juice
<a href="#">Compatibility Guide (PDF 69 KB)</a>	External	Passing Juice
<a href="#">ODB website</a>	External	Passing Juice
<a href="#">List of Medications - (Last Updated on 4 July 2024)</a>	External	Passing Juice
<a href="#">Manitoba Pharmacare Program</a>	External	Passing Juice
<a href="#">Learn more about the eligibility criteria and access the online application form</a>	Internal	Passing Juice

## In-page links

<a href="#">visit the website.</a>	External	Passing Juice
<a href="#">here</a>	External	Passing Juice
<a href="#">=</a>	External	Passing Juice
<a href="#">Features</a>	Internal	Passing Juice
<a href="#">MyFreeStyle</a>	Internal	Passing Juice
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<a href="#">Diabetes &amp; Fitness</a>	Internal	Passing Juice
<a href="#">Diabetes &amp; Mental Wellbeing</a>	Internal	Passing Juice

## SEO Keywords








Keywords Cloud

coverage **diabetes** glucose more  
sensor **libre** learn system insulin  
**freestyle**





## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
freestyle	33	✓	✗	✓	✓
libre	30	✗	✗	✗	✓
diabetes	29	✗	✗	✓	✗
coverage	18	✗	✗	✗	✗
glucose	16	✗	✗	✗	✓








## Usability

	Url	Domain : myfreestyle.ca Length : 14
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.




## Document

	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Too bad, your website has too many CSS files (more than 4).</li><li> Too bad, your website has too many JS files (more than 6).</li><li> Too bad, your website does not take advantage of gzip.</li></ul>

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	Great, your website has an XML sitemap. <a href="https://www.freestyle.abbott/ca-en/home.html">https://www.freestyle.abbott/ca-en/home.html</a>
	Robots.txt	<a href="http://myfreestyle.ca/robots.txt">http://myfreestyle.ca/robots.txt</a> Great, your website has a robots.txt file.
	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.