



Website review mettahealthcare.com

Generated on September 20 2024 11:37 AM





The score is 59/100







SEO Content

	Title	<p>Metta Health Care Metta Health Care - Home</p> <p>Length : 42</p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	Description	<p>Where We Make Living Healthy - FUN! If you're looking for the cutting edge in Natural Medicine, you'll find it at Metta Health Care!</p> <p>Length : 132</p> <p>Great, your meta description contains between 70 and 160 characters.</p>												
	Keywords	<p>alternative medicine, Boise healthcare, Boise alternative medicine, hyperbaric chambers</p> <p>Good, your page contains meta keywords.</p>												
	Og Meta Properties	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1317 1481 1630"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>title</td> <td>Metta Health Care Metta Health Care - Home</td> </tr> <tr> <td>description</td> <td>Where We Make Living Healthy - FUN! If you're looking for the cutting edge in Natural Medicine, you'll find it at Metta Health Care!</td> </tr> </tbody> </table>	Property	Content	title	Metta Health Care Metta Health Care - Home	description	Where We Make Living Healthy - FUN! If you're looking for the cutting edge in Natural Medicine, you'll find it at Metta Health Care!						
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title	Metta Health Care Metta Health Care - Home													
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	Headings	<table border="1" data-bbox="544 1666 1481 1733"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>2</td> <td>9</td> <td>0</td> <td>4</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="619 1771 1481 2063" style="list-style-type: none"> • [H1] Home • [H2] Why Metta Health Care • [H2] What Clients Say • [H3] We Make Living Healthy - FUN • [H3] Welcome to Metta Health Care! • [H3] If you're looking for the cutting edge in Natural Medicine, you'll find it at Metta Health Care! • [H3] Metta Health Care • [H3] Get Social 	H1	H2	H3	H4	H5	H6	1	2	9	0	4	0
H1	H2	H3	H4	H5	H6									
1	2	9	0	4	0									

SEO Content

		<ul style="list-style-type: none"> • [H3] We Treat These Conditions: • [H3] Using These Therapies: • [H3] Serving the Treasure Valley and surrounding locations: • [H5] 'Metta Translation • [H5] The Metta Mission • [H5] The Metta Philosophy • [H5] State of the art Natural Medicine
	Images	<p>We found 12 images on this web page.</p> <p>6 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 9%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 28 links including 0 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 14.29%</p> <p>Internal Links 85.71%</p>

In-page links

Anchor	Type	Juice
Site Map	Internal	Passing Juice

In-page links

Location and Hours	Internal	Passing Juice
Contact Us	Internal	Passing Juice
Home	Internal	Passing Juice
About	Internal	Passing Juice
Services	Internal	Passing Juice
Therapies	Internal	Passing Juice
Breast Thermography	Internal	Passing Juice
Healthy Cell Therapy	Internal	Passing Juice
Hyperbaric Oxygen Therapy	Internal	Passing Juice
Intravenous (IV) Therapy	Internal	Passing Juice
Live Blood Analysis	Internal	Passing Juice
Dry Blood Analyses	Internal	Passing Juice
Blood Under Darkfield	Internal	Passing Juice
Neuro-Prolotherapy	Internal	Passing Juice
Ozone Therapy	Internal	Passing Juice
FAQs	Internal	Passing Juice
News And Tips	Internal	Passing Juice
Resources	Internal	Passing Juice
Schedule Appointment	Internal	Passing Juice
Patient Forms	Internal	Passing Juice
Patient's Talk	Internal	Passing Juice
Dr. Ann Huycke	Internal	Passing Juice
Office at Metta Health Care	Internal	Passing Juice
Facebook	External	Passing Juice
Twitter	External	Passing Juice
Pinterest	External	Passing Juice
Western Independent Media Developers	External	Passing Juice

SEO Keywords



Keywords Cloud

metta breast healthy therapies health
home thermography hyperbaric care
therapy

Keywords Consistency

Keyword	Content	Title	Keywords	Descripti on	Headings
therapy	15	✘	✘	✘	✘
metta	13	✔	✘	✔	✔
care	12	✔	✔	✔	✔
health	11	✔	✔	✔	✔
hyperbaric	8	✘	✔	✘	✘











Usability

	Url	Domain : mettahealthcare.com Length : 19
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





Document

	Doctype	HTML 5
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Document

	Encoding	Perfect. Your declared charset is UTF-8.				
	W3C Validity	Errors : 0 Warnings : 0				
	Email Privacy	Great no email address has been found in plain text!				
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td></td><td>1</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences		1
Deprecated tags	Occurrences					
	1					
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Perfect, your website takes advantage of gzip.				

Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Optimization

	XML Sitemap	Great, your website has an XML sitemap. https://mettahealthcare.com/sitemap.xml
	Robots.txt	http://mettahealthcare.com/robots.txt Great, your website has a robots.txt file.
	Analytics	Missing

Optimization



We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.