








Website review commonground.org.nz

Generated on September 18 2024 12:42 PM

The score is **64/100**







SEO Content

	<p>Title</p>	<p>Common Ground Mental Health Foundation</p> <p>Length : 40</p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	<p>Description</p>	<p>Common Ground was a project that aimed to help parents, families, whānau and friends to support young people to manage hard times and enjoy happier lives.</p> <p>Length : 154</p> <p>Great, your meta description contains between 70 and 160 characters.</p>												
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>												
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1312 1481 1877"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>title</td> <td>Common Ground</td> </tr> <tr> <td>url</td> <td>https://mentalhealth.org.nz/common-ground</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>description</td> <td>Common Ground was a project that aimed to help parents, families, whānau and friends to support young people to manage hard times and enjoy happier lives.</td> </tr> <tr> <td>image</td> <td>https://mentalhealth.org.nz/assets/images/share/mhf.jpg</td> </tr> </tbody> </table>	Property	Content	title	Common Ground	url	https://mentalhealth.org.nz/common-ground	type	website	description	Common Ground was a project that aimed to help parents, families, whānau and friends to support young people to manage hard times and enjoy happier lives.	image	https://mentalhealth.org.nz/assets/images/share/mhf.jpg
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	<p>Headings</p>	<table border="1" data-bbox="539 1906 1481 1977"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>0</td> <td>0</td> <td>75</td> <td>4</td> <td>2</td> </tr> </tbody> </table> <ul data-bbox="614 2011 938 2074" style="list-style-type: none"> • [H1] Common Ground • [H4] I Need Help Now 	H1	H2	H3	H4	H5	H6	1	0	0	75	4	2
H1	H2	H3	H4	H5	H6									
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SEO Content

- [H4] Helplines & Support
- [H4] Support for Myself
- [H4] Supporting Others
- [H4] Support After a Suicide
- [H4] Community Support Groups
- [H4] Accessing Mental Health Services
- [H4] Mental Health Conditions
- [H4] Frequently Asked Questions
- [H4] About Us
- [H4] Vacancies
- [H4] Contact
- [H4] Our Work
- [H4] Grants
- [H4] Policy & advocacy
- [H4] Stories
- [H4] Our Campaigns
- [H4] Resources
- [H4] Research & Information
- [H4] Library Info Hub
- [H4] In My Kete
- [H4] What Is Wellbeing?
- [H4] Five Ways to Wellbeing
- [H4] Wellbeing Campaigns & Resources
- [H4] Te Whare Tapa Whā
- [H4] Te Oranga Hinengaro
- [H4] Te Whakaora i te Hauora Hinengaro
- [H4] Media Enquiries
- [H4] Publications & Research
- [H4] Media guidelines
- [H4] Fundraise for Us
- [H4] Our Appeals
- [H4] Our Events
- [H4] Move for mental health
- [H4] Get Your Workplace Involved
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SEO Content

		<ul style="list-style-type: none"> • [H4] In My Kete • [H4] What Is Wellbeing? • [H4] Five Ways to Wellbeing • [H4] Wellbeing Campaigns & Resources • [H4] Te Whare Tapa Whā • [H4] Te Oranga Hinengaro • [H4] Te Whakaora i te Hauora Hinengaro • [H4] Media Enquiries • [H4] Publications & Research • [H4] Media guidelines • [H4] Fundraise for Us • [H4] Our Appeals • [H4] Our Events • [H4] Move for mental health • [H4] Get Your Workplace Involved • [H4] Fundraising heroes • [H4] A gift in your will • [H4] Supporting Others • [H5] Share: • [H5] Useful links • [H5] Help ensure everyone in Aotearoa has the tools to enjoy positive mental health and wellbeing. • [H5] Help ensure everyone in Aotearoa has the tools to enjoy positive mental health and wellbeing. • [H6] There is no health without mental health. • [H6] There is no health without mental health.
	Images	<p>We found 27 images on this web page.</p> <p>8 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 18%</p> <p>Good, this page's ratio of text to HTML code is higher than 15, but lower than 25 percent.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>

SEO Links

	URL Rewrite	<p>Good. Your links looks friendly!</p>
	Underscores in the URLs	<p>Perfect! No underscores detected in your URLs.</p>

SEO Links

	In-page links	We found a total of 23 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 39.13% Internal Links 60.87%

In-page links

Anchor	Type	Juice
News	External	Passing Juice
Suicide Prevention	External	Passing Juice
Suicide Loss	External	Passing Juice
Workplaces	External	Passing Juice
Education	External	Passing Juice
I Need Help	Internal	Passing Juice
Find Support	Internal	Passing Juice
About	Internal	Passing Juice
Our Work	Internal	Passing Juice
Wellbeing	Internal	Passing Juice
Media	Internal	Passing Juice
Support our Work	Internal	Passing Juice
Donate Now	Internal	Passing Juice
Skylight	External	Passing Juice
Youthline	External	Passing Juice
Skylight	External	Passing Juice
Curative	External	Passing Juice
Newsletters	Internal	Passing Juice
Vacancies	Internal	Passing Juice
Contact Us	Internal	Passing Juice

In-page links

Sitemap	Internal	Passing Juice
Mental Health Foundation	Internal	Passing Juice
Terms & Conditions	Internal	Passing Juice

SEO Keywords



Keywords Cloud

support help media need **mental** wellbeing
health work foundation **more**

Keywords Consistency












Keyword	Content	Title	Keywords	Description	Headings
more	38	✘	✘	✘	✘
mental	30	✔	✘	✘	✔
health	30	✔	✘	✘	✔
support	18	✘	✘	✔	✔
wellbeing	13	✘	✘	✘	✔

Usability





	Url	Domain : commonground.org.nz Length : 19
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Usability


Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Great, your website has few CSS files. Perfect, your website has few JavaScript files. Perfect, your website takes advantage of gzip.



Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Optimization

	XML Sitemap	Great, your website has an XML sitemap. https://mentalhealth.org.nz/common-ground
	Robots.txt	http://commonground.org.nz/robots.txt

Optimization

		Great, your website has a robots.txt file.
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>